



# CMR Mpumalanga

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JUNE / JULY 2021

*Love Hope  
and Light*

**OUR MANDATE:**  
*Restoring God's love to the "world",  
through social work services by protecting and  
strengthening children,  
families and communities.*

### Life changing work of CMR often overlooked

How will an orphan or vulnerable child get a loving home and parents with legal responsibilities and rights?

**Tragedy happens in life. If a baby is instantly left orphaned when both his parents dies in an accident, what will the way forward be?**

The Children's Act provides for investigations to be done by designated social workers to determine the best and most suitable placement re care for children left in need of care and protection. But who is entrusted with this huge responsibility?

CMR as non-profit, registered child protection organisation render these services to ensure that children in crisis circumstances like this are taken care of in a safe and nurturing environment. They also ensure that family members with whom the child has a close relationship get awarded parental responsibilities and rights with regards to that child/children.

This process of crisis intervention, in-depth investigation, legalising through expert reports to court, counselling, support and guidance is done by experienced and dedicated social workers of our CMR. Together with the supervision structure of CMR Mpumalanga to ensure the best interest of children is ensured. These services are often overlooked and taken for granted. Though, how would children be placed legally and in their best interest, if not for such service?

Your support to our CMR offices and CMR Mpumalanga ensure that these services to the most vulnerable in the Kingdom of God can be rendered. Thank you for supporting CMR and making the difference in children's lives possible.



**Wellness**  
Annelise De Jager webman

1. **Physical and non-physical responsibility**
2. **Beur reality** – What you focus on, you will become
3. **Take time to be still and mindful. Meditate every day** That's way you must see what controls your thoughts.
4. **Gratitude** – Gratitude boost your physiological state
5. **Fear?** Fear is good! It keeps you safe. The trick is to be brave.
6. **Take life as a journey???** However, **NOW** is the point of arrival
7. **Vulnerability of happiness** are we saying – "What if something is going wrong?" this negative perception. **NO!** Enjoy this moment of happiness embrace it




*Your positive thoughts, feelings and actions  
can ripple out and change the world.*