



WELLNESS - 15 AND 16 MARCH 2018



Social worker month was celebrated with a 2- day seminar for all the CMR personnel. After arriving at Bambanani Holiday Resort the personnel were treated to coffee and rusks. Everybody was allocated their rooms and after dumping their sleeping bags and suitcases the fun began. We received a goodie bag with a tin mug, wool and a crochet hook. We had to crochet a mug warmer. The men in our group struggled, but the ladies came to their rescue and finished it for them.



Manus, our speaker for the next session was introduced to the group and he explained that every person has a dominant part in the brain and that it determines how we go



about our daily tasks. If we are aware of how we function, we can improve the way we handle our daily routine. This was a very interesting topic. After we heard how to use our brain we needed some physical exercise! Some running and playing was on the agenda. We enjoyed the tasks given and engaged in some friendly competition. To complete the day a movie and popcorn was on the menu.

Everybody woke up refreshed and enjoyed a hearty breakfast. Anru, the next speaker was introduced and we enjoyed his reflection. To conclude the seminar every employee solemnly renewed his/her pledge.



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EHLANZENI DISTRICT WELCOMES THEIR NEW SOCIAL WORKERS



Christel v. Zyl
CMR Nelspruit



Dineo Mashapa
CMR Bushbuckridge



Heleen de Jager
CMR White River

GOLF DAY



Dr Susan Louw, CMR Mpumalanga presenting a certificate to Mr Nico Gerber from BIDVEST Prestige

CMR Mpumalanga hosted their 1st annual golf day on 13 April 2018 in conjunction with BIDVEST Prestige as our main sponsor. We were very fortunate to be able to continue with our plans after the rain caused us to postpone our initial booked date (23 March).

CMR Mpumalanga ladies decided to show their appreciation on the golf day by supplying mouthwatering eats to all. The golfers were awed with the homemade vetkoek and mince and loved the energy-boosting sweets. Thank you to

our main sponsor,



BIDVEST and all the sponsors who contributed to the success of the day. A special thanks to Manus from Ragefire, who did most of the work with a smile, and then last but not the least to

all the golf participants, we appreciate your support. We are looking forward to see everyone next year on the **12th of April 2019** for our next golf day.



Vuyelwa, Susan, Amanda, Yvonne, Annelize, Sinah

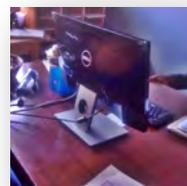


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CMR BELFAST REVAMP

CMR Belfast received a generous donation from Eskom to repair their offices. They are now proud of a freshly painted office as well as renovated and leak free roof. This donation also gave them the opportunity to establish a children's playground and expand the toy collection. To top it all off the boardroom was fitted with a brand new table and chairs as well as a new computer. Thank you Eskom.



CMR WITBANK SHARING WITH CMR BUSHBUCKRIDGE



CMR Witbank received a donation and decided to share it with CMR Bushbuckridge. Families were very happy to receive food



SUCCESS STORIES

Andrew is the youngest of 3 children. His mother's situation was unfavorable because of numerous failed relationships. Andrew was 3 years old when he was abused for the first time. His mother's boyfriend hit him so severely that he was hospitalized for a month. This man visited him in hospital and while visiting, he broke his arm. He was released into his mother's care and once again he was abused. He had 8 broken bones and was full of blue marks.

This man never touched the other two children but always seemed to focus on Andrew. The emotional scars were so serious that he could never be placed back in his mother's care. Andrew was placed with a caring and loving family who cared and nurtured him. Currently he is at university studying towards a degree. He was chosen as a prefect in his final school year. Thank you to all foster parents who open their hearts and homes to children who need it. Without people like you our children in need will never survive.



Anel had to face a lot of hurdles in her life. Thanks to a donor she is doing well in grade 12 and she is the proud owner of a new laptop.

JOYFULL HOPE

Two little girls were saved out of grave circumstances where their mother neglected them because she was caught up in prostitution. The eldest little girl had to take care of her sister who was left many times without proper supervision. She could not walk and after she was found the doctors said that she will not be able to walk

or go to school. They were placed with a loving family who took care of them and put in a lot of effort to improve their lives. Both girls have recovered and are doing very well. The little princess is walking and enjoying her new found security and freedom.



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CARING WITH COMPASSION

CMR VOLKSRUST BAKING PANCAKES



We're on the web
www.cmrmpumalanga.co.za



**Congratulations to Ester Steyn
the winner of our Cherish our
Children's Fund competition.**

Training for CMR Head Office

Me Retha Schutte, an expert on Microsoft Office volunteered to facilitate a class for CMR personnel. Her "wow" system worked so well and the staff who attended the course went wow all the time. Thank you Retha, we enjoyed your class very much!

